Background
Having recently experienced a new transition to the world of Extension, there are many important lessons we learned that could have benefited us greatly if we had known them earlier. Sharing our experiences as first year employees should assist future employees in their transition process into Extension.

Introduction
There are many unique challenges and opportunities for a first year employee in Extension; in particular how to embrace and modify tradition, adapt programs for clientele’s demographics, and introduce new programming to revitalize a county or state program.

Our suggestion is to be mindful of caution signs along the way and know when to yield, stop and go all the way in Extension.

Conclusion
As new Extension employees, knowing when to take caution, yield, stop, and go through your first year should result in a more productive program and a less stressful year as an employee. These tips should better the road for first year employees on the road with Extension.

For more information on this presentation, please leave your business card in the envelope below.